



REGULATION



# ECOTRAIL FLORENCE

## 30 March 2019

# 80 KM





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### Art. 1 GENERAL INFORMATION

With the support of the Municipality of Florence, the Tuscan Regional Administration, the Municipality of Fiesole, the Municipality of Pontassieve and the Municipality of Vaglia, Camelbag S.S.D.R.L. is organizing on 30th March 2019 the EcoTrail Florence, an 80 km, 2,400 metre elevation gain running race, beginning in Piazzale Michelangelo in Florence. 80% of the course unwinds along dirt paths and trails.

All information can be found at [www.ecotrailflorence.com](http://www.ecotrailflorence.com).

### Art. 2 REGISTRATION

All adult athletes with a valid (on 30th March 2019) medical certificate for competitive sports can register to run in EcoTrail Florence. Athletes that have been disqualified for using doping substances may not participate.

Online registration closes on Thursday, 28th March 2019 or when the maximum number of 400 runners has been reached.

Information on registration is available on the website.

### Art. 3 REGISTRATION FEE

The registration fee is as follows:

from 01 October to 15 November 2018	€ 52,00
from 16 November to 20 February 2019	€ 62,00
from 21 February to 28 March 2019	€ 72,00

and includes:

- race bib number
- assistance along the route
- gadgets
- refreshments along the route and at the finish line

In the event of non-participation communicated by email at [info@ecotrailflorence.com](mailto:info@ecotrailflorence.com) **before 28th February 2019**, 50% of the registration fees will be reimbursed.

After 28th February 2019 no reimbursement shall be made.

The following is not permitted:

- bib number exchange or use by anyone other than registered athlete
- postponement of registration fee to the following year.

### Art. 4 MEDICAL CERTIFICATE

Non-Italian athletes must fill in the certificate which can be downloaded at this link:

[https://florence.ecotrail.com/sites/default/files/u91/ecotrailflorence\\_2019\\_medical\\_cert.pdf](https://florence.ecotrail.com/sites/default/files/u91/ecotrailflorence_2019_medical_cert.pdf)

have it signed and stamped by a doctor and upload it on their personal runner space on <http://florence.inscriptions.runforyou.fr/consult.php> by 15 March 2019.

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Failure to do by this date will lead to the annulment of registration without reimbursement.

### **Art. 5 COLLECTION OF BIB NUMBER AND RACE KIT**

Bib numbers and race kits can be picked up at the Athlete Village at Piazzale Michelangelo (start/finish area) Friday 29th March from 3 pm to 8 pm.

### **Art. 6 STARTING POINT**

Runners must be in Piazzale Michelangelo by 6.30 am on Saturday 30th March. The race will start at 7.00. From 6.30 am on Saturday 30th March changing rooms and cloakrooms will be available near the starting point. Participants are advised to avoid leaving objects of value in bags; in any case the Organizers cannot be held responsible for theft, loss or damage to bags or their contents. After the race participants must collect their bags before midnight on Saturday 30th March by presenting their race bib number.

### **Art. 7 ROUTE**

The 80 km EcoTrail Florence route is as follows:

Piazzale Michelangelo, San Miniato al Monte, Parco della Rimembranza, Viale Michelangiolo, Piazza Ferrucci, Ponte San Niccolò, Argine Arno, Ponte da Verrazzano, Via dell'Albereta, Ponte di Varlungo (underpass), Via della Funga, Via delle Gualchiere (Girone), Via dell'Arno (Girone), Piazza Pertini, Via S. Jacopo, Via Campati, Via di Terenzano, Via di Bagazzano, Via di Doccia, via dell'Olmetto, Via dei Cioli, Via della Pastorella, Castel di Poggio, Monte Fanna, Poggio Pratone, Alberaccio, Santuario della Madonna del Sasso, Alberaccio, Convento di Monte Senario, Poggio degli Uccellini (Bivigliano), Viliani, Caselline, Olmo, Monte Fanna, Via Riotorto, Via Baccano, Via Ferrucci, Via del Bargellino, Via Petirosi, Via Costa, Via Duprè, Via S. Francesco, Piazza Mino da Fiesole, Via Santa Maria, Via Santa Chiara, Via di Monte Ceceri, Via Mari, via dei Medici, Via Corsica, Monte Ceceri, Via Cave di Maiano, Fattoria di Maiano, Via degli Scalpellini, Via Simone Mosca, Via di San Romano, Via del Pianerottolo, Via del Rossellino, Via del Loretino, Parco Pazzagli, Via della Funga, argine Arno, Lungarno del Tempio (bike path), Ponte San Niccolò, Piazza Ferrucci, Viale Michelangiolo, Piazzale Michelangelo.

The route may be altered if some stretches of road are closed or for reasons of force majeure not dependent on the Organizers.

Race kilometres are not marked. Runners must respect the rules of the road and the marked race route, they must avoid shortcuts and must not cut stretches of the route. Leaving the official route will lead to disqualification and is at the sole risk of athletes.

### **Art. 8 SAFETY AND CHECKS**

Organization staff and civil protection personnel in constant contact with the race HQ will be present along the route. Ambulances and medical and paramedical personnel will be

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present at different points along the route, as well as at the start and finish line, where a medical team and an assistance radio spot will be on hand.

There will be checkpoints along the routes where Organization staff will monitor the athletes' progress and carry out checks on obligatory material.

Anyone refusing to comply with these checks on obligatory material will be disqualified with immediate effect.

### **Art. 9 ENVIRONMENT**

Participants must respect the environment and avoid abandoning rubbish. Anyone caught dropping rubbish along the route will be disqualified from the race.

### **Art. 10 WEATHER**

In the case of adverse weather conditions (dense fog, severe thunder storms), the Organizers reserve the right to make last-minute changes, even during the race, to the route in order to eliminate potential hazards or conditions that could cause hardship for participants and volunteers. The staff shall inform the participants of any changes and signpost them.

The Organizers also reserve the right to suspend or cancel the race if weather conditions are such that they put participants, volunteers or medical teams at risk.

If the race is interrupted or cancelled for adverse weather conditions, or for any other reason not dependent on the Organizers, no fee refund will be made.

### **Art. 11 OBLIGATORY EQUIPMENT**

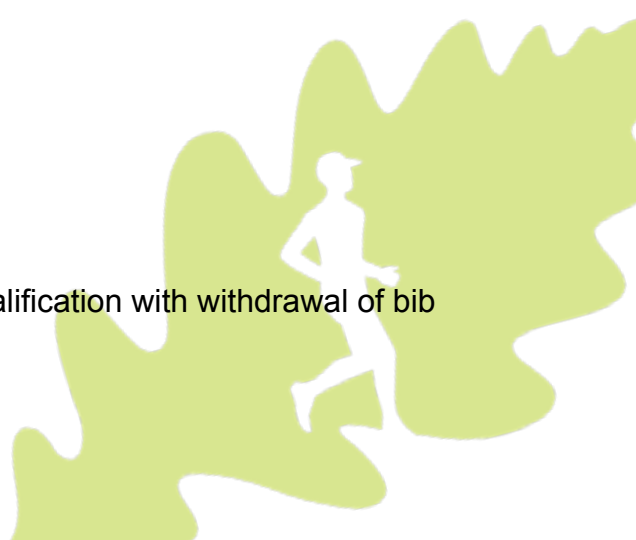
It is obligatory for athletes to have the following equipment with them, for the full duration of the race:

- camelbag with a capacity for at least a litre of liquid
- cup, glass or water bottle (there are no glasses at the refreshment points)
- windbreaker
- survival blanket
- headlamp
- bib number visible for the full duration of the race
- whistle
- mobile phone
- food reserve.

### **Art. 12 DISQUALIFICATION**

The following infringements will lead to immediate disqualification with withdrawal of bib number:

- taking shortcuts
- abandoning rubbish along the race route



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- failing to aid a fellow participant in difficulty
- insulting or threatening the staff or volunteers
- failing to bring obligatory material.

### Art. 13 MAXIMUM TIME LIMITS, DROPPING OUT

The maximum time permitted to reach the finish line is 17 hours (before 12 midnight on Saturday 30th March).

The following are the cut-off times:.

Monte Fanna	(km 18)	before 10.30 am	3 hours and a half into the race
Monte Senario	(km 42)	before 4.00 pm	9 hours into the race
Fattoria di Maiano	(km 68)	before 9:00 pm	14 hours into the race

- Whoever reaches **Monte Fanna** after the indicated time will be diverted to the 43 km race.
- Whoever reaches the **Monte Senario** and **Maiano** cut-off point after the indicated time will be excluded from the race and accompanied to the finish line by a shuttle service. A “pick up” service will follow the last runner.

### Art. 14 PART SELF-SUFFICIENT RUNNING AND REFRESHMENT

Runners must be partly self-sufficient (see art. 11 obligatory material); there are 5 refreshment points along the route:

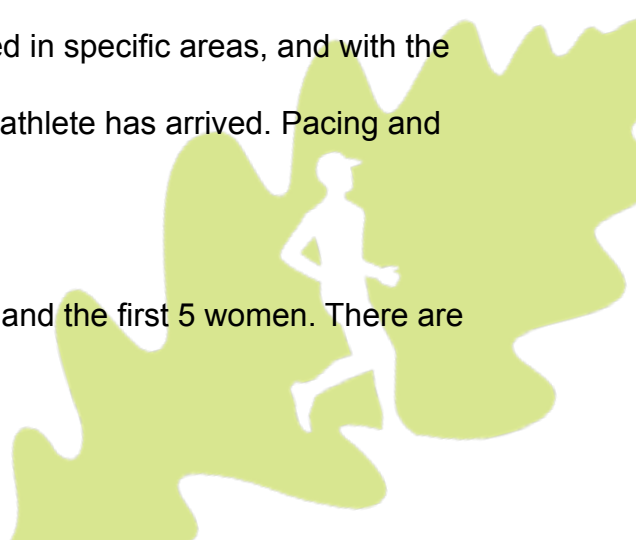
Castel di Poggio	KM 16
Madonna del Sasso	KM 27
Monte Senario	KM 42
Olmo	KM 51
Fattoria di Maiano	KM 67

Assistance from family or team members is only permitted in specific areas, and with the agreement of the head of the station.

Only one assistant per athlete will be admitted when the athlete has arrived. Pacing and muling are not allowed.

### Art. 15 PRIZES

Non monetary prizes shall be awarded to the first 5 men and the first 5 women. There are no category prizes.



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### **Art. 16 IMAGE USE RIGHTS**

By registering, runners authorise the Organizers to freely use any still or moving images depicting athletes during their participation in EcoTrail Florence, with no territorial or time limits.

### **Art. 17 WAIVER OF RESPONSIBILITY**

Voluntary registration and participation in the race indicates full acceptance of these race rules and any changes made. By registering, participants exempt the Organizers from any liability, whether civil or criminal, for damage to persons and/or property caused by or to them.

